



THE CHURCH  
OF ENGLAND

Diocese of St Edmundsbury  
and Ipswich

<b>DIOC 21/5</b>	<b>Resilience Event for all Administrators, Business managers and Office staff</b>
<p>Following the successful resilience session that we offered for school administrators in February 2019, we will be providing a similar opportunity in 2021. We are very aware that office staff are often the face of the school and multi-task in many ways for the benefit of the children. After a light lunch there will be discussion and reflection on being Resilient and then there will be time to reflect, network with colleagues, take tea, read or pray and enjoy the cosy buildings of Assington Hall, Sudbury.</p>	
<b>Date / time</b>	Friday 21 May 2021, 12.00 - 3.30pm
<b>Venue</b>	Assington Hall, Assington, Nr Sudbury, CO10 5LG
<b>Leader</b>	Phil Knowles, School Effectiveness Officer
<b>Cost</b>	£50 (subscribing church schools), £100 (non-subscribing schools)
<p>The course aims to:</p> <ul style="list-style-type: none"><li>❖ Provide Administrators with space and time to give to their personal resilience in the beautiful surroundings of Assington Hall near Sudbury.</li><li>❖ Provide input and advice from the Diocesan Education team.</li><li>❖ Meet with and take time to chat to colleagues from across the Diocese and County.</li><li>❖ Provide a range of opportunities and spaces for Administrators to take time and reflect, away from the usual pressures of school. There will be spaces set aside for informal discussion with colleagues, a quiet space, a space for prayer as well as opportunities to relax and 'recharge your batteries'.</li><li>❖ There will be a light lunch upon arrival and refreshments available all day.</li><li>❖ Return your colleagues re-energised and ready to meet the challenges of their role.</li></ul>	
<p>For further information, please contact Jacqui Studd, Administrator, at the Diocesan Education office: <a href="mailto:jacqui.studd@cofesuffolk.org">jacqui.studd@cofesuffolk.org</a> 01473 298570.</p>	