

# “Growing Younger Sunday”

31<sup>st</sup> January 2021

**30th January 2022**

and 29<sup>th</sup> Jan 2023



Join **Children, Young People and their Families** across the Diocese as we share in these ideas

Use our short **You-Tube video** in your worship or in mailings to your communities and schools.

Watch it <https://youtu.be/r8WnZwq4eL4>

Include the **Growing Younger Prayer** in your worship. Find it here

<https://www.cofesuffolk.org/for-parishes/growing-your-parish/growing-younger/growing-younger-sunday.php>

- ✓ Written by young people for all ages
- ✓ Commissioned by our Bishops

## Listen and join in with these music and hymns

Here I am to Worship <https://www.youtube.com/watch?v=K12Wcq3n-ac>

This Little Light of Mine <https://youtu.be/ty9bZXN4uWA>

Siyahamba (We are Marching) Find the words on the next pages

<https://www.youtube.com/watch?v=N1KZbMprW8U>

John Rutter's Nunc Dimitis (Song of Simeon) <https://www.youtube.com/watch?v=xKdRdfuM22w>

(search for his Magnificat – Mary's song too!)

The Candle Song by Graham Kendrick <https://www.youtube.com/watch?v=teZaQUKjx24>

Purify my Heart by Brian Doerksen <https://www.youtube.com/watch?v=idA6fCAHVzs>

Lights to the World <https://www.youtube.com/watch?v=dLSL1AzipRk>

## Conversation starters for Families

I wonder how it feels to belong?

I wonder if you are part of something?

I wonder how it feels like to shine?

I wonder how you share good news?

I wonder how you can be a light?

Lots of ideas for Family **Craft**

<http://flamecreativekids.blogspot.com/search/label/Candlemas>



THE CHURCH  
OF ENGLAND  
Diocese of St Edmundsbury  
and Ipswich