



**Thursday 21 January 2021**

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# Growing in God

**Growing Young Sunday**  
Sunday 31 January 2021



We are asking that you recognise and celebrate 'Growing Younger Sunday' with a theme for Candlemas of 'Being a light, Belonging and Building community'. Every church or fresh expression has a unique relationship with the children and young people in their community, and we want to celebrate this. Resources are available to download via our website and include:

A Prayer, specially written by young people and commissioned by our Bishops  
A film resource worship, for families and for schools  
A Vlog by the Bishops to support this Sunday and all others!  
A virtual resource hub on a resource 'Padlet' full of ideas, good practice, real examples and further reading

## **Join us for Afternoon Tea with the Bishops at 3.00pm**

Is there anything you've always wanted to ask a Bishop? Well here's your chance! a laidback Q&A time about children, youth and everything in between. So sign up, bring your own tea and cakes and be ready for a Q&A with Bishops Martin and Mike. To book this Zoom session please visit: <https://gys-2021.eventbrite.co.uk>

## **Service of Light and Hope at St Edmundsbury Cathedral at 5.30pm**

In solidarity with The Children's Society and the Diocesan initiative, 'Growing Younger', young people from the Cathedral community and local schools lead us in prayer, readings and musical contemplation alongside Hannah Ratcliffe, East of England Relationship Manager at The Children's Society, who will be leading a reflection. Join the broadcast through the Cathedral's Facebook page [here](#).

For further information and all resources please visit our website page [here](#) or please contact [Hilary Wordsworth-Sewell](#) (Children's and Families) or [Matt Levett](#) (Youth and Young Adults).

**Information and guidance for churches during the Covid-19 pandemic is being updated. Please visit the Church of England page [here](#) and the Diocesan guidance page [here](#) for the most up to date information.**

**Time to Pray** - The Church of England App 'Time to Pray' presents everything you need for prayer during the day, with variations according to the day of the week and the season of the Church's year. You can use app on its own, as your sole act of prayer and praise, or you can use it alongside Night Prayer in a pattern of prayer at the beginning and end of the day. Time to Pray is free to use and available to download [here](#).

**Light a candle** - By lighting a virtual candle, you're making space to pray. You can light a candle online to pray for yourself, for a loved one or for a situation on the Church of England website [here](#).

**Prayer Wall** - St Edmundsbury Cathedral offers an online Prayer Wall where you can choose to light an online candle. Each day one of the Cathedral Clergy will pray these prayers. For details please visit [here](#).

**Supporting those who can't attend a funeral** - if you are looking for resources to help those who can't attend a funeral do visit the Church of England Life Events page [here](#). Offering videos, prayer cards and poems as well as online support and links to charities supporting the bereaved.

## Lent 2021

**'Run with Joy' Exploring Benedictine Wisdom for Contemporary Living:** with St Edmundsbury Cathedral. Explore key themes in the Rule of Benedict and spiritual practices that help you deepen your life of faith, in community with others. The course is prayerful, participatory and practical, encouraging attention to your rhythm of life and development of a rule of life. It is offered as a resource for church leaders, groups and parishes in the Diocese who would like to strengthen their life of faith and community. Course leaders include Canon Jutta Brueck (With Community & St Thomas Pilgrim Community), Canon Michael Robinson and Canon Matthew Vernon.

**Three courses will run on Zoom: Tuesdays** (from 23 Feb) **7.15pm -9.00pm** and **Thursdays** (from 18 Feb) **in Lent from 4.00pm – 5.30pm and 7.15pm - 9.00pm.**

If you have any questions please email [jutta.brueck@cofesuffolk.org](mailto:jutta.brueck@cofesuffolk.org). Booking links at [www.light-wave.org/lent](http://www.light-wave.org/lent). Please book early as spaces are limited.



**40 Days of Kindness:** This Lent, join people all over Suffolk in simple acts of community kindness from phone trees to thank you surprises and help with practical issues which arise for people under Covid Restrictions: So much has been cancelled... but in Suffolk love has not been cancelled. For support in your local acts of kindness go to [www.light-wave.org/lent](http://www.light-wave.org/lent)

**'Labours of Love':** this is a flexible downloadable resource for running a Lent course locally. It is designed to support small groups who want to reach out with kindness and partnership in their local community and is ideal to include people exploring faith. The bible-based discussions are fun and help participants to make the link between practical service in their community and living faith.

Supported by St Edmundsbury Cathedral and the Lightwave Community, this course also draws on ancient Benedictine wisdom on how prayer and work are important in forming a Christian rhythm of life. Download and enjoy at [www.light-wave.org/lent](http://www.light-wave.org/lent)

### Living Faith in Suffolk Basics Course

Starting 23 February 2021 7.00pm to 9.00pm

Through Lent Bishop Mike and Barbara Hill (Deputy Warden of Readers) will lead this online course for people who are involved in, or considering, any kind of ministry, whether local (e.g. Lay Elder ministry) or national (e.g. Reader ministry or ordination), as well as those interested in looking more deeply at expressing their faith. The course consists of five sessions: Being Disciples : Being Called : Working Together : Sustaining Ministry : What now?

Dates: Tuesday evenings 7.00pm-9.00pm on 23 February, 2 March, 9 March, 16 March and 23 March. Visi: <https://lfis-basics-20210223.eventbrite.co.uk> for more information to

and sign up to attend the whole course.

For other Lent resources and details of national Church of England campaigns please go to our website page [here](#).

## Events:

### Holocaust Memorial Day

Wednesday 27 January 2021

St Edmundsbury Cathedral is hosting two events to mark Holocaust Memorial Day:

10.30am a short service on the Cathedral's Facebook page [www.facebook.com/stedscathedral](http://www.facebook.com/stedscathedral) led by the Revd Canon Matthew Vernon, Sub Dean and Canon Pastor. The service, which is an annual event organised in partnership with West Suffolk Council, will include readings, prayers and music led by local councillors, pupils from Guildhall Feoffment School and Cathedral staff and musicians.

7.00pm, a talk on Zoom will explore 'The Music of Auschwitz'. Led by the Revd Lucy Dallas, Vice-Principal of the Eastern Region Ministry Course and alumnus of Yad Vashem, this will discuss music composed in Auschwitz and subsequently found, collated and performed. To obtain the Zoom link, please contact [curate@stedscathedral.org](mailto:curate@stedscathedral.org)

Full details of all online events at the Cathedral are available on the website <https://stedscathedral.org/whats-on>

### How to adapt and present training online

A one hour interactive webinar in which we explore how we can use online platforms to deliver existing discipleship and training materials such as Basics. Facilitated by Ruth Dennigan our Discipleship and Ministry Development Officer, who has adapted a number of learning and training modules to be deliverable online, and also draws on her wide background in education. To book for Tuesday 2 February 2021 7.00 - 8.00pm - please click [here](#).

### Free webinars to help your church encourage giving and grow generosity

The National Giving Team are offering a series of free webinars offering ways to encourage giving through online, contactless and legacy giving as well as webinars on gift aid, giving reviews, buying smarter and discipleship resources which are suitable for all. For all dates and booking details please visit [here](#).

### Developing Online Church Services - webinars

The national church digital team are offering a new series of webinars, looking at different ways your church can use digital communications to keep connected with those who attend your services and events, as well as reaching out and caring for those in the local community around you. All bookings and download links are available here: [www.churchofengland.org/resources/digital-labs/digital-labs-webinars](http://www.churchofengland.org/resources/digital-labs/digital-labs-webinars)

## Notices

**Census Sunday 21 March 2021:** Are you in an ideal position to offer support to congregation members to complete their census on Sunday 21 March - could you host a Census Sunday session in your community? If your church is able to participate, please email Louise Carson and Timothy Buttle: [louise.carsen20@field.census.gov.uk](mailto:louise.carsen20@field.census.gov.uk) and [timothy.buttle84@field.census.gov.uk](mailto:timothy.buttle84@field.census.gov.uk), copying in Michael Robinson ([michael.robinson@cofesuffolk.org](mailto:michael.robinson@cofesuffolk.org)) so that we have a record of our collective offer.

**Bishop Mike's Advent course:** In case you missed the series of four Advent courses led by Bishop Mike before Christmas you can view them again - online recordings are available on the Bishops' You Tube Channel [here](#) and the PowerPoint presentation are located on our website [here](#). Please do subscribe to the Bishops' YouTube channel to keep up to date with the latest news.

**Surviving Winter:** Suffolk Community Foundation has raised a record sum of money to distribute in supplementary winter fuel payments. Many thousands of people are living below the poverty line in our county, but they are the hardest to reach. An introduction from a trusted person like you will often help us access these people. The Surviving Winter campaign is administered by Ipswich Citizen's Advice Bureau and all applications and eligibility enquiries should be directed to them by phone on: 01473 219770. For more information please click [here](#).

## Vacancies

[Funding and Grants Adviser](#) | Closing date: 31 January 2021

[Church Building Advisor \(DAC Secretary\)](#) | Closing date: 4 February 2021

[Diocesan Director of Ordinands and Vocations](#) | Closing date: 8 February 2021



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**Our mailing address is:**

Diocese of St Edmundsbury and Ipswich  
St Nicholas Centre, 4 Cutler Street, Ipswich  
Suffolk, England IP1 1UQ  
United Kingdom

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