



THE CHURCH  
OF ENGLAND

Diocese of St Edmundsbury  
and Ipswich

<b>PK 22/3</b>	<b>Resilience Event for Church School Governors</b>
<p>Following the successful resilience days that we have offered previously for Headteachers, we will be providing a similar opportunity in 2019 for church school governors. After a light lunch the Revd Jenny Seggar will lead us in some reflections on the role of governor in a church school. There will then be time to reflect, network with colleagues, pray or read and enjoy the beautiful surroundings of Assington Hall, Sudbury.</p>	
<b>Date / time</b>	Friday 22 March 2019, 12 noon - 3.30pm
<b>Venue</b>	Assington Hall, Assington, near Sudbury, CO10 5LQ
<b>Leader</b>	<ul style="list-style-type: none"><li>• Phil Knowles School Effectiveness Officer</li><li>• Revd Jenny Seggar will lead our reflection</li></ul>
<b>Cost</b>	£50 (subscribing church schools), £100 (non-subscribing schools)
<p>The course aims to:</p> <ul style="list-style-type: none"><li>❖ Provide governors with space and time to give to their personal wellbeing in the beautiful surroundings of Assington Hall near Sudbury</li><li>❖ Provide input and advice from Revd Jenny Seggar</li><li>❖ Meet with and take time to chat to colleagues from across the Diocese and Education team about developing best practice</li><li>❖ Provide a range of opportunities and spaces for governors to take time and reflect. There will be spaces set aside for informal discussions, a space for prayer and opportunities to relax in the grounds of Assington Hall</li><li>❖ There will be refreshments available all afternoon</li><li>❖ Return to your schools ready to meet the challenges of their role.</li></ul>	
<p>Contact Jacqui Studd, Administrator, at the Diocesan Education office for further information or to book a place on the course:</p> <p><a href="mailto:jacqui.studd@cofesuffolk.org">jacqui.studd@cofesuffolk.org</a> 01473 298570</p>	